

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2025 Trident Regional Ombudsman 5895 Core Road Suite 419 North Charleston, SC 29406		Location Key (T) Terrace 2nd floor (B) Bistro 2nd floor (TR) Theater Room 2nd floor (OD) Overflow Dining (4) 4th Floor Dining (5) 5th Floor Dining (PD) Private Dining	Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions.		1 9:30 Daily Chronicles (3,5) 10:30 Mindfulness class with Jackie (TR) 11:30 Trivia (TR) 1:30 Movie (TR) 3:00 1:1 Visits	2 Daily Chronicles (4,5) 10:10 & 10:45Exercise 11:30 Bowling (4) 1:30 Bingo (TR) 3:00 1:1 Visits
3 2:00 Community Worship (TR) 	4 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 1:30 Gwen to bring Library Books (TR) 2:00 Buying into Thrifting (TR) 3:00 1:1 Visits	5 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 11:30 Uno (B) 1:30 Watermelon Salad (TR) 3:00 Rummikub (B)	6 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Mini Golf (TR) 1:45 Making Sorbet (TR) 3:00 Happy Hour w Marguerite (TR)	7 9:30 Daily Chronicles (2,5) 10:10&10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along with Jessica (TR) 2:45 Art Therapy (5)	8 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 1:30 Trip to the MIX: Duck Bowling 1:30 Movie (TR) 3:00 1:1 Visits	9 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Cooking 4 1:30 Bingo (TR) 3:00 1:1 Visits
10 2:00 Community Worship (TR) 	11 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 1:30 Star of the Month: Melissa McCarthy (TR) 2:45 1:1 Visits	12 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 11:30 Jenga (B) 1:30 Manicures (TR) 3:00 Rummikub (B)	13 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Bowling (TR) 2:00 LRC Dice Game (TR) 3:00 Happy Hour w Mary VanWyk (TR)	14 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise TR 11:30 Puzzles (B) 1:45 Bingo (TR) 2:45 Art Therapy (5)	15 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 11:30 Trip to have lunch at 82 Queen 1:30 Movie (TR) 3:30 1:1 Visits	16 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Slushies 4 1:30 Bingo (TR) 3:00 MC Outing
17 2:00 Community Worship (TR) 	18 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 2:00 Resident Council: AL (TR) 3:15 1:1 Visits	19 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 2:00 Resident Council: Rehab (5) 2:00 Drinks and Music (B) 3:00 Rummikub (B)	20 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Trivia (TR) 1:30 Virtual Travel: Kansas (TR) 3:00 Monthly Birthday Party (TR)	21 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise TR 11:30 Puzzles (B) 1:45 Sing Along with Jessica (TR) 2:45 Art Therapy (5)	22 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 1:30 Trip to the Citadel Mall 1:30 Movie (TR) 2:30 1:1 Visits	23 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Noodle Ball 4 1:30 Bingo (TR) 3:00 Popcorn & a Movie (4)
24 2:00 Community Worship (TR) 31 2:00 Community Worship (TR)	25 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 1:45 Headbands Game (B) 3:30 1:1 Visits	26 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 11:30 Uno (B) 2:00 Noodle Volleyball (TR) 3:00 Rummikub (B)	27 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Ladder Ball (TR) 1:45 Card Games (B) 3:00 Happy Hour with Sylvie (TR)	28 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise TR 11:30 Puzzles (B) 1:45 Bingo (TR) 2:45 Art Therapy (5)	29 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 11:30 Trivia (TR) 1:30 Trip to Fire Truck Museum 1:30 Movie (TR) 2:30 1:1 Visits	30 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Noodle Ball 4 1:30 Bingo (TR) 3:00 Popcorn & a Movie (4)

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