

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 2:00 Community Worship (TR) 	<b>2</b> 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 1:00 Library to Bring Books (TR) 2:00 Holiday Card Making (TR)	<b>3</b> 9:30 Daily Chronicles (5) 10:10 & 10:45 Exercise (TR) 11:30 Ax Throwing (TR) 1:30 Rummikub (TR) 3:30 Flower Arranging (OD)	<b>4</b> 9:30 Daily Chronicles (5) 10:10 & 10:45 Exercise (TR) 11:30 Pet Therapy with Cayenne (TR) 1:30 Card Games (B) <b>3:00 Happy Hour (TR)</b>	<b>5</b> 9:30 Daily Chronicles (5) 10:10&10:45 Exercise (TR) 1:45 Christmas Caroling with Jessica (TR) 2:45 Art Therapy (5)	<b>6</b> 10:10 & 10:45 Exercise TR 11:30 Trivia (TR) 1:30 Movie (TR) 2:30 1:1 Visits	<b>7</b> 10:10 & 10:45 Exercise 11:30 HotChocolate 4 1:30 Bingo (TR) <b>Pick up weekend Packets (TR)</b>
<b>8</b> 2:00 Community Worship (TR) 	<b>9</b> 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) <b>2:00 Holiday Cookie Decorating w staff</b> 3:30 Virtual Tour of Switzerland (TR)	<b>10</b> 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Ladder Ball (TR) 1:30 Holiday Wreaths (TR) 3:30 Flower Arranging (OD) <b>6:30 James Island Christmas Lights Trip</b>	<b>11</b> 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Bowling (TR) 1:30 Clay Pot Snowmen (TR) <b>3:00 Holiday Happy Hour with Sylvie (TR)</b>	<b>12</b> 9:30 Daily Chronicles (2,5) 10:10&10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along with Jessica (3) 2:45 Art Therapy (5)	<b>13</b> 10:10 & 10:45 Exercise TR 11:30 Trivia (TR) 1:30 Movie (TR) <b>1:30 Shopping Trip: Marshalls/TJ Maxx</b> 4:00 1:1 Visits	<b>14</b> 10:10 & 10:45 Exercise 11:00 MC Outing 1:30 Bingo (TR) 3:00 Card Games (B)
<b>15</b> 2:00 Community Worship (TR) 	<b>16</b> 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 2:00 Yarn Wrapped Tree Craft (TR) 3:00 Virtual Tour of Biltmore Estate (TR)	<b>17</b> 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Jenga (B) 2:00 Bible Study w Tony (TR) 3:30 Flower Arranging (OD) <b>7-9 "Holidays at the Chapel" at the Citadel</b>	<b>18</b> 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Trivia (TR) 1:30 Holiday Baking (TR) <b>3:00 Monthly Birthday Party (T)</b>	<b>19</b> 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise TR 11:30 Puzzles (B) 1:45 Sing Along (3) 2:45 Art Therapy (5)	<b>20</b> 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR 11:30 Trivia (TR) <b>2:30 Flute and Trombone Performance (TR)</b> 3:30 1:1 Visits	<b>21</b> 10:10 & 10:45 Exercise 11:30 Slushies 4 <b>2:00 Live Music With Nick Chambers (TR)</b> 3:30 Rummikub (B)
<b>22</b> 2:00 Community Worship (TR) 	<b>23</b> 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 2:00 Resident Council: Rehab only 3:30 1:1 Visits	<b>24</b> 10:10 & 10:45 Exercise (TR) 1:30 Christmas Movie		<b>25</b> 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise TR 11:30 Puzzles (B) 1:45 Sing Along (3) 2:45 Art Therapy (5)	<b>26</b> 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR <b>11:30 Lunch at Burton's</b> 1:30 Movie (TR) 2:30 1:1 Visits	<b>27</b> 10:10 & 10:45 Exercise <b>Pick up Weekend Packet (TR)</b>
<b>29</b> 2:00 Community Worship (TR) 	<b>30</b> 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 2:30 Resident Council: Assisted Living only (TR) 3:30 Left, Right Center: Dice Game (B)	<b>31</b> 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Ladder Ball (TR) <b>2:00 New Year's Eve Party! (TR)</b> 3:30 Flower Arranging (OD)	<b>Location Key</b> (T) Terrace 2 <sup>nd</sup> floor (B) Bistro 2 <sup>nd</sup> floor (TR) Theater Room 2 <sup>nd</sup> floor (OD) Overflow Dining (4) 4 <sup>th</sup> Floor Dining (5) 5 <sup>th</sup> Floor Dining (PD) Private Dining	Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions	<b>December 2024</b> <b>Trident Regional Ombudsman</b> 5895 Core Road Suite 419 North Charleston, SC 29406	*Activities are subject to change due to resident needs/preferences.

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