

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

happy Valentine's day

Location Key
(T) Terrace 2nd floor
(B) Bistro 2nd floor
(TR) Theater Room 2nd floor
(OD) Overflow Dining
(4) 4th Floor Dining (memory)
(5) 5th Floor Dining (rehab)
(PD) Private Dining

February 2024

Trident Regional Ombudsman
5895 Core Road
Suite 419
North Charleston, SC 29406
*Activities are subject to change due to resident needs/preferences and/or COVID

1
9:30 Daily Chronicles (4,5)
10:10 & 10:45 Exercise (TR)
11:30 Trivia (TR)
2:00 S'mores (T and B)
2:15 Music Therapy (4)
3:00 Dice/Card Games (B)
2
9:30 Daily Chronicles (5)
10:10 & 10:45 Exercise (TR)
11:30 Snack Cart (4)
1:30 Trip to Mount Pleasant Mall
3:30 Bowling (4)
3
9:30 Daily Chronicle
10&10:45 Exercise TR
11:00 Manicure 4
1:30 Movie (TR)
2:30 Valentines (4)

4

2:00 Community Worship (TR)



5

10:10 & 10:45 Exercise (TR)
11:30 Puzzles (B)
1:30 Snack Cart (5)
2:00 Library (TR)
3:00 Bingo (TR)

6

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:30 Dice Game (TR)
2:00 Art Therapy (4)
2:30 Valentine's (TR)
3:30 Flower Arranging OD

7

9:30 Daily Chronicles (3,5)
10:10 Exercise Only (TR)
11:00 Bible Study w Chaplain Lisa (TR)
2:00 Felt Tie Heart Pillows (TR)
3:00 Happy Hour with Sylvie (TR)

8

9:30 Daily Chronicles (4,5)
10:10&10:45 Exercise (TR)
1:45 Sing Along (3)
2:15 Music Therapy (5)
3:00 Art Therapy (5)
3:30 Bingo (TR)

9

9:30 Daily Chronicles (5)
10:00 Trip to Publix
10:10 & 10:45 Exercise TR
11:30 Basketball (4)
1:30 Trip to Craft and Canvas

10

9:30 Daily Chronicle
10&10:45 ExerciseTR
11:00 Bowling (4)
1:30 Bingo (TR)
3:30 1:1 Visits (4)

11

2:00 Community Worship (TR)

Super Bowl
6:30 pm on CBS

12

10:10 & 10:45 Exercise (TR)
11:30 Jewelry Making (4)
1:30 Movie Matinee (TR)

13

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:00 Beachball Toss (4)
2:00 Art Therapy (4)
2:15 Mardi Gras (B)
3:30 Flower Arranging OD

Valentine's Day 14

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Love Song Videos (TR)
2:00 Valentine's Day Party (TR)

15

9:30 Daily Chronicles (4,5)
10:10 & 10:45 Exercise (TR)
11:00 Bowling (4)
1:45 Love Song Sing Along w Jessica (3)
3:00 Art Therapy (5)

16

9:30 Daily Chronicles (5)
9:30 Tour of Charleston with Vanessa (TR)
10:10 & 10:45 Exercise (TR)
1:30 Trip to the N. Chas Fire Museum

17

9:30 Daily Chronicle
10:10 & 10:45 Exercise TR
11:30 Noodle Ball 4
1:30 Movie TR
2:00 1:1 Visits (4)

18

2:00 Community Worship (TR)



19

10:10 & 10:45 Exercise (TR)
11:30 Snack Cart (4)
1:30 Snack Cart (5)
2:00 Crafts w Addie (TR)
3:15 Virtual Tour of North Carolina (TR)

20

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
2:00 Art Therapy (4)
2:30 Resident Council: Assisted Living only (TR)
3:30 Flower Arranging OD

21

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Ted Talk (TR)
2:00 Horse Race Game (B)
3:00 Monthly Birthday Party (TR)

22

9:30 Daily Chronicles (4,5)
10:10 & 10:45 Exercise (TR)
11:00 Jewish Connect (PD)
11:30 Dart Game (TR)
1:30 Sing Along (3)
2:15 Music Therapy (5)
3:00 Art Therapy (5)

23

9:30 Daily Chronicles (5)
10:10 & 10:45 Exercise (TR)
11:30 Trip to have lunch at Rutledge Cab
2:00 History with Vanessa (TR)
3:00 Rummikub (B)

24

9:30 Daily Chronicle
10:10 & 10:45 Exercise TR
11:30 Drinks (4)
1:30 Bingo TR
3:45 1:1 Visits (4)

25

2:00 Community Worship (TR)



26

10:10 & 10:45 Exercise (TR)
11:30 Snack Cart (4)
1:30 Snack Cart (5)
2:00 Whiteboard Games (TR)
3:00 Devotion w Rev Ed (TR)

27

9:30 Daily Chronicles (2,5)
9:30 Coffee and Chat with Lisa McCleod (B)
10:10 & 10:45 Exercise (TR)
11:30 Take a walk (4)
2:00 Art Therapy (4)
2:30 Parfait Making (TR)
3:30 Flower Arranging OD

28

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Jeopardy (TR)
2:00 Resident Council: Rehab Residents only (5)
3:00 Happy Hour (TR)

29

9:30 Daily Chronicles (4,5)
10:10 & 10:45 Exercise (TR)
11:00 Kickball (4)
2:15 Music Therapy (4)
3:00 Art Therapy (5)
3:30 Bingo (TR)

*Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions.



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