



# February 2026

## Kempton of Charleston



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|--|--|--|---|---|---|--|
| 2:00 Community Worship <b>1</b><br>                                | 9:30 Daily Devotion <b>2</b><br>10:00 Exercise<br>1:00 Flower Arranging<br>2:00 Virtual Tour of French Polynesia<br>3:00 Pet Therapy with Coco | 9:30 Daily Devotion <b>3</b><br>10:00 Chair Yoga<br>2:00 Art Therapy with Madeline<br>3:00 Shuffle Ball  | 9:30 Daily Devotion <b>4</b><br>10:00 Exercise<br>1:00 Jenga<br>3:00 Happy Hour<br>3:00 Music   | 9:30 Daily Devotion <b>5</b><br>10:00 Chair Yoga<br>11:00 Arts and Crafts<br>1:00 Ice Fishing<br>1:45 Sing Along with Jessica<br>2:45 Art Therapy                           | 9:00 Daily Devotion <b>6</b><br>9:30 Exercise<br>10:30 Outing<br>11:30 Lunch at Gilligan's<br>2:00 Movies<br>3:30 1:1 Visits                        | 3:00 Outing with Ashley <b>7</b>   |
| 2:00 Community Worship <b>8</b><br>6:30 Super Bowl LX on NBC<br> | 9:30 Daily Devotion <b>9</b><br>10:00 Chair Yoga<br>1:00 Valentines Card Making<br>2:00 Virtual Tour of Egypt<br>3:00 1:1 Visits               | 9:30 Daily Devotion <b>10</b><br>10:00 Exercise<br>10:10 Exercise with Santino<br>1:00 Cookie Baking<br>1:15 Let's Walk<br>2:00 Art Therapy with Madeline<br>3:00 Lava Lamp Making   | 9:30 Daily Devotion <b>11</b><br>10:00 Chair Yoga<br>1:00 Bingo<br>3:00 Music<br>3:30 Basket Tic Tac Toe<br>3:30 Valentine's Party with Live Music by Ian | 9:30 Daily Devotion <b>12</b><br>10:00 Exercise<br>11:00 Arts and Crafts<br>1:45 Music Therapy with Jessica<br>1:45 Bingo<br>2:00 Valentine's Day Party<br>2:45 Art Therapy | 9:00 Daily Devotion <b>13</b><br>9:30 Chair Yoga<br>10:30 Outing<br>1:15 The Citadel to see WWI Naval Photography<br>2:00 Movies<br>3:30 1:1 Visits |  |
| 2:00 Community Worship <b>15</b><br>                             | 9:30 Daily Devotion <b>16</b><br>10:00 Exercise<br>1:00 Flower Arranging<br>2:00 Virtual Tour of Korea<br>3:00 1:1 Visits                      | 9:30 Daily Devotion <b>17</b><br>10:00 Chair Yoga<br>10:10 Exercise with Santino<br>11:30 Mini Golf<br>1:00 Rice Crispy Treat Making<br>2:00 Art Therapy with Madeline<br>3:00 Bingo | 9:30 Daily Devotion <b>18</b><br>10:00 Exercise<br>11:30 Trivia<br>1:00 Noodle Ball<br>3:00 Happy Hour with Rob Lamp<br>3:00 Music                        | 9:30 Daily Devotion <b>19</b><br>10:00 Chair Yoga<br>11:00 Arts and Crafts<br>1:45 Sing Along with Jessica<br>2:45 Art Therapy  | 9:00 Daily Devotion <b>20</b><br>9:30 Exercise<br>10:30 Outing<br>1:30 Charleston Museum<br>2:00 Movies<br>3:30 1:1 Visits                          | 3:00 Outing with Ashley <b>21</b>  |
| 2:00 Community Worship <b>22</b><br>                             | 9:30 Daily Devotion <b>23</b><br>10:00 Chair Yoga<br>1:00 Flower Arranging<br>2:00 Virtual Tour of Spain                                       | 9:30 Daily Devotion <b>24</b><br>10:00 Exercise<br>10:10 Exercise with Santino<br>1:15 Let's Walk!<br>2:00 Art Therapy with Madeline<br>3:00 Scrabble                                | 9:30 Daily Devotion <b>25</b><br>10:00 Chair Yoga<br>1:00 Uno<br>3:00 Monthly Birthday Party with Mary Van Wyk<br>3:00 Science Experiment                 | 9:30 Daily Devotion <b>26</b><br>10:00 Exercise<br>11:00 Arts and Crafts<br>1:45 Music Therapy with Jessica<br>2:45 Art Therapy   | 9:00 Daily Devotion <b>27</b><br>9:30 Chair Yoga<br>10:30 Outing<br>11:00 NCUM Tea Room Event<br>2:00 Movies<br>3:30 1:1 Visits                     | 3:00 Cooking with Ashley <b>28</b>   |