








February 2026

Kempton of Charleston



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Community Worship 1 	9:30 Daily Devotion 2 10:00 Exercise 1:00 Flower Arranging 2:00 Virtual Tour of French Polynesia 3:00 Pet Therapy with Coco	9:30 Daily Devotion 3 10:00 Chair Yoga 2:00 Art Therapy with Madeline 3:00 Shuffle Ball	9:30 Daily Devotion 4 10:00 Exercise 1:00 Jenga 3:00 Happy Hour 3:00 Music	9:30 Daily Devotion 5 10:00 Chair Yoga 11:00 Arts and Crafts 1:00 Ice Fishing 1:45 Sing Along with Jessica 2:45 Art Therapy	9:00 Daily Devotion 6 9:30 Exercise 10:30 Outing 11:30 Lunch at Gilligan's 2:00 Movies 3:30 1:1 Visits	3:00 Outing with Ashley 7
2:00 Community Worship 8 6:30 Super Bowl LX on NBC 	9:30 Daily Devotion 9 10:00 Chair Yoga 1:00 Valentines Card Making 2:00 Virtual Tour of Egypt 3:00 1:1 Visits	9:30 Daily Devotion 10 10:00 Exercise 10:10 Exercise with Santino 1:00 Cookie Baking 1:15 Let's Walk 2:00 Art Therapy with Madeline 3:00 Lava Lamp Making	9:30 Daily Devotion 11 10:00 Chair Yoga 1:00 Bingo 3:00 Music 3:30 Basket Tik Tac Toe 3:30 Valentine's Party with Live Music by Ian	9:30 Daily Devotion 12 10:00 Exercise 11:00 Arts and Crafts 1:45 Music Therapy with Jessica 1:45 Bingo 2:00 Valentine's Day Party 2:45 Art Therapy	9:00 Daily Devotion 13 9:30 Chair Yoga 10:30 Outing 1:15 The Citadel to see WWI Naval Photography 2:00 Movies 3:30 1:1 Visits	
2:00 Community Worship 15 	9:30 Daily Devotion 16 10:00 Exercise 1:00 Flower Arranging 2:00 Virtual Tour of Korea 3:00 1:1 Visits	9:30 Daily Devotion 17 10:00 Chair Yoga 10:10 Exercise with Santino 11:30 Mini Golf 1:00 Rice Crispy Treat Making 2:00 Art Therapy with Madeline 3:00 Bingo	9:30 Daily Devotion 18 10:00 Exercise 11:30 Trivia 1:00 Noodle Ball 3:00 Happy Hour with Rob Lamp 3:00 Music	9:30 Daily Devotion 19 10:00 Chair Yoga 11:00 Arts and Crafts 1:45 Sing Along with Jessica 2:45 Art Therapy	9:00 Daily Devotion 20 9:30 Exercise 10:30 Outing 1:30 Charleston Museum 2:00 Movies 3:30 1:1 Visits	3:00 Outing with Ashley 21
2:00 Community Worship 22 	9:30 Daily Devotion 23 10:00 Chair Yoga 1:00 Flower Arranging 2:00 Virtual Tour of Spain	9:30 Daily Devotion 24 10:00 Exercise 10:10 Exercise with Santino 1:15 Let's Walk! 2:00 Art Therapy with Madeline 3:00 Scrabble	9:30 Daily Devotion 25 10:00 Chair Yoga 1:00 Uno 3:00 Monthly Birthday Party with Mary Van Wyk 3:00 Science Experiment	9:30 Daily Devotion 26 10:00 Exercise 11:00 Arts and Crafts 1:45 Music Therapy with Jessica 2:45 Art Therapy	9:00 Daily Devotion 27 9:30 Chair Yoga 10:30 Outing 11:00 NCUM Tea Room Event 2:00 Movies 3:30 1:1 Visits	3:00 Cooking with Ashley 28