

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Location Key</b> (T) Terrace 2 <sup>nd</sup> floor (B) Bistro 2 <sup>nd</sup> floor (TR) Theater Room 2 <sup>nd</sup> floor (OD) Overflow Dining (4) 4 <sup>th</sup> Floor Dining (memory) (5) 5 <sup>th</sup> Floor Dining (rehab) (PD) Private Dining						
	<b>1</b>	<b>2</b>	<b>3</b>	<b>Independence Day 4</b>	<b>5</b>	<b>6</b>
	10:10 & 10:45 Exercise (TR) 11:30 Snack Cart (5) 1:00 Library to bring books (TR) 2:00 Chalk Pastel Firework Art (TR)	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Mini Golf (TR) 1:30 Bird House Painting (TR) 3:30 Flower Arranging TR	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) <b>11:45 4th of July Lunch (AL only)</b> <b>2:00 Happy Hour (TR)</b>	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Puzzles (B) 1:30 Sing Along (3) 3:00 Art Therapy (5)	10:10 & 10:45 Exercise (TR) <b>2:00 Live Music with Ian (TR)</b>	10:10 and 10:45 Exercise (TR) 1:30 Movie (TR)
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
2:00 Community Worship (TR) 	10:10 & 10:45 Exercise (TR) 11:30 Snack Cart (5) 1:30 Rummikub (B) 3:00 Virtual Tour of New York (TR)	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Mini Golf (TR) <b>2:00 Pet Therapy with Golden Retriever Cayenne (TR)</b> 3:30 Flower Arranging TR	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Ladder Ball (TR) <b>2:00 First Dallas Student Choir (Dining Room)</b>	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along (3) 3:00 Art Therapy (5) 3:30 Outing (5 <sup>th</sup> floor)	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR <b>1:30 Trip to the Citadel Mall</b> 1:30 Movie Matinee (TR) 3:30 1:1 Room Visits	9:30 Daily Chronicle 10:10 and 10:45 Exercise (TR) 11:00 Bowling 4 1:30 Bingo (TR) 3:00 Manicures (4)
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
2:00 Community Worship (TR) 	10:10 & 10:45 Exercise (TR) 11:30 Snack Cart (5) 1:30 Movie (TR) 2:30 1:1 Visits	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Jenga (B) 1:30 Penny Auction (TR) 3:30 Flower Arranging TR	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Bowling (TR) 1:30 Board Games (B) <b>3:00 Happy Hour with Sylvie (TR)</b>	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along (3) 2:15 Music Therapy (5) 3:00 Art Therapy (5)	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR <b>1:30 Games with Bethel UMC youth group (TR)</b> <b>4:00 History with Vanessa (TR)</b>	9:30 Daily Chronicle 10:10 and 10:45 Exercise (TR) 11:30 Slushies 4 1:30 Movie TR 2:30 Board Games (B)
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
2:00 Community Worship (TR) 	10:10 & 10:45 Exercise (TR) 11:30 Snack Cart (5) 2:00 Ladder Ball (TR) 3:00 Bingo (TR)	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Bowling (TR) 2:30 Resident Council: Assisted Living only (TR) 3:30 Flower Arranging TR	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Mini Golf (TR) <b>2:00 Bible Study with Lisa (TR)</b> <b>3:00 Monthly Birthday Party (TR)</b>	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along (3) 3:00 Art Therapy (5)	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR 12:00 Opening Ceremony of the Summer Olympics (B) <b>1:30 Trip to the Movies</b>	9:30 Daily Chronicle 10:10 and 10:45 Exercise (TR) 11:30 Popcorn 4 1:30 Bingo TR <b>3:00 Trip to Publix</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	 <b>July 2024</b> <b>Trident Regional Ombudsman</b> 5895 Core Road Suite 419 North Charleston, SC 29406 *Activities are subject to change due to resident needs/preferences.		Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions.
2:00 Community Worship (TR) 	10:10 & 10:45 Exercise (TR) 11:30 Snack Cart (5) 1:30 Button Craft (TR) 3:00 1:1 Visits	9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 2:00 Puzzles (5) 2:30 Resident Council: Rehab only (5) 2:30 Bingo (TR) 3:30 Flower Arranging TR	9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Dart Game (TR) 2:00 Card Games (TR) <b>3:00 Happy Hour (TR)</b>			

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