

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025 Trident Regional Ombudsman 5895 Core Road Suite 419 North Charleston, SC 29406 *Activities are subject to change due to resident needs/preferences.		1 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 2:00 Ice Cream Social (TR) 3:00 Flower Arranging (D)	2 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Mini Golf (TR) 1:45 Card Games (TR) 3:00 Happy Hour with Marguerite (TR)	3 9:30 Daily Chronicles (2,5) 10:10&10:45 Exercise (TR) 12:00 4th of July BBQ (TR) Sign-up AL Only 2:45 Art Therapy (5)	Independence Day 4 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 1:30 Movie (TR) 3:00 1:1 Visits	5 Daily Chronicles (4,5) 10:10 & 10:45Exercise Pick up Weekend Packet In Bistro on 2
6 2:00 Community Worship (TR) 	7 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 2:00 Headbands Game (B) 3:00 1:1 Visits	8 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 11:30 Uno (B) 1:30 Homemade Ice Cream Making (TR) 3:00 Rummikub (B)	9 9:30 Daily Chronicles (3,5) 10:45 Chair Yoga (TR) 11:30 Mini Golf (TR) 2:00 Penny Auction (TR) 3:00 Happy Hour w Nick Chambers(TR)	10 10:10&10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along with Jessica (TR) 2:30 Ice Cream truck! (outside lobby)	11 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 1:30 Movie (TR) 1:30 Trip to the Movie Theater 3:00 1:1 Visits	12 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Cooking 4 1:30 Bingo (TR) 3:00 1:1 Visits
13 2:00 Community Worship (TR) 	14 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 1:30 Star of the Month: Russell Crowe (TR) 2:45 1:1 Visits	15 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 11:30 Uno (B) 1:30 Manicures (TR) 3:00 Rummikub (B)	16 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Bowling (TR) 2:00 LRC Dice Game (TR) 3:00 Monthly Birthday Party (TR)	17 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise TR 11:30 Puzzles (B) 1:45 Bingo (TR) 2:45 Art Therapy (5)	18 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 11:30 Lunch at Magnolias 1:30 Movie (TR) 3:30 1:1 Visits	19 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Slushies 4 1:30 Bingo (TR) 3:00 MC Outing
20 2:00 Community Worship (TR) 	21 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 2:00 Resident Council: AL (TR) 3:15 1:1 Visits	22 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 2:00 Resident Council: Rehab (5) 2:00 Drinks and Music (T) 3:00 Rummikub (B)	23 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Trivia (TR) 1:30 Virtual Travel: New Mexico (TR) 3:00 Happy Hour (TR)	24 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise TR 11:30 Puzzles (B) 1:45 Sing Along with Jessica (TR) 2:45 Art Therapy (5)	25 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise TR 1:30 Games with UMC Youth (TR) 2:30 1:1 Visits	26 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Noodle Ball 4 1:30 Bingo (TR) 3:00 Popcorn & a Movie (4)
27 2:00 Community Worship (TR) 	28 10:10 &10:45 Exercise TR 11:30 Snack Cart (5) 1:45 The Kiwi to life is Happiness (TR) 3:30 1:1 Visits	29 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise (TR) 11:30 Uno (B) 2:00 Noodle Volleyball (TR) 3:00 Rummikub (B)	30 9:30 Daily Chronicles (3,5) 10:10 &10:45 Exercise (TR) 11:30 Trivia (TR) 1:45 Card Games (B) 3:00 Happy Hour with Rob Lamp (TR)	31 9:30 Daily Chronicles (2,5) 10:10 &10:45 Exercise TR 11:30 Puzzles (B) 1:45 Bingo (TR) 2:45 Art Therapy (5)	Location Key (T) Terrace 2nd floor (B) Bistro 2nd floor (TR) Theater Room 2nd floor (OD) Overflow Dining (4) 4th Floor Dining (5) 5th Floor Dining (PD) Private Dining	Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions

Life Enrichment Director-Leah Hall lehall@libertyseniorliving.com

Kempton of Charleston
194 Spring Street
Charleston SC, 29403