

July 2026

Kempton of Charleston



All activities are subject to change due to weather or due to residents needs. Any questions or concerns please feel free to reach out to jbirchfield@libertyseniorliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend: Center Corridor (Floor 5) Kitchenette (Floor 4) Ashton Street Theater (Floor 2) Bistro (Floor 2) Center Corridor (Floor 3) SNF Dining (Floor 5) Outing:			10:00 Johnny's Fit& Fun Club! 1 10:30 Balloon Blast Bash! 11:00 Music Golden Hymns Gathering ! 2:00 Kitchen Fun with Octavia! 3:00 Fourth of July Happy	10:00 Johnny's Fit& Fun Club! 2 10:30 Chair Volleyball Hour! 11:00 Trivia Time Live! 1:30 Bingo Bash Hour! 3:00 Art Therapy (5 floor Skilled) Hour!	10:00 Chair Zumba Energy! 3 10:30 Balloon Noodle Bash! 11:00 Mind Boost Trivia! 1:30 Showtime & Popcorn! 2:00 Baskin Robbins Outing!	10:00 Silver Sneakers! 4 10:30 Mind Games Trivia!! 12:37 Daily Chronicles 1:30 Bingo 3:00 Ashley's Flavor Hour!
2:00 Community Worship 5 	10:00 Silver Sneakers Exercise! 6 10:30 Kempton Volleyball Hour! 11:00 Nature Explorers Club with Chance! (Coastal Expeditions!) 2:00 Shakespeare with	10:10 Exercise with Santino 7 11:00 Pretty Nails with Ashley! 1:30 Rummikub 3:00 Drama & Laughter Club !	10:00 Johnny's Fit& Fun Club! 8 10:30 Balloon Blast Bash! 11:00 Nikki's Ministry Movement Hour! 2:00 The Amazing Mittens! Music Concert!!	10:00 Johnny's Fit& Fun Club! 9 10:30 Chair Volleyball Hour! 11:00 Trivia Time Live! 1:45 Sing-A-long & Jessica 3:00 Art Therapy (5 floor Skilled) Hour!	10:00 Karla's Viva Zumba Class! 10 11:00 Mind Boost Trivia! 1:30 Showtime & Popcorn! 1:30 Maces Brown Museum of Natural History Outing! 3:30 Enrichment Visits!	10:00 Silver Sneakers! 11 10:30 Mind Games Trivia!! 11:30 Daily Chronicles 1:30 Bingo 3:00 Ashley's Flavor Hour!
2:00 Community Worship 12 	10:00 Silver Sneakers Exercise! 13 10:30 Kempton Volleyball Club! 11:00 Mind Boost Trivia! 11:30 Snack Cart (5 Skilled) 2:00 Shakespeare with Pucky	10:10 Exercise with Santino 14 11:00 Name That Tune! 1:30 Rummikub 3:00 The Kempton Karaoke Club!!	10:00 Johnny's Fit& Fun Club! 15 10:30 Volleyball Vibes!! 11:00 Brain Busters Hour! 3:00 Happy Hour & Rob Lamp!	10:00 Johnny's Fit& Fun Club! 16 10:30 Chair Volleyball Hour! 11:00 Trivia Time Live! 1:30 Bingo Bash Hour! 3:00 Art Therapy (5 floor Skilled) Hour!	10:00 Karla's Viva Zumba Class! 17 11:00 Mind Boost Trivia! 12:00 Fleet Landing Restaurant Outing 1:30 Showtime & Popcorn! 3:30 Enrichment Visits!	10:00 Silver Sneakers! 18 10:30 Mind Games Trivia!! 11:30 Daily Chronicles 1:30 Bingo 3:00 Ashley's Flavor Hour!
2:00 Community Worship 19 	10:00 Silver Sneakers Exercise! 20 10:30 Beach Ball Bash Game! 11:00 Mind Boost Trivia! 11:30 Snack Cart (5 Skilled) 2:00 Shakespeare with Pucky	10:10 Exercise with Santino 21 11:00 Name That Tune! 1:45 Sing-A-Long with Jessica! 3:00 Tuesday Travelogue (Hawaii) 3:00 Rummikub	10:00 Johnny's Fit& Fun Club! 22 10:30 Balloon Blast Bash! 11:00 Hymns and Praise Worship! 3:00 Happy Hour & Bob Becker!	10:00 Johnny's Fit& Fun Club! 23 10:30 Chair Volleyball Hour! 11:00 Trivia Time Live! 2:00 Movies 3:00 Resident Council 3:00 Art Therapy (5 floor	10:00 Karla's Viva Zumba Class! 24 11:00 Mind Boost Trivia! 1:30 Showtime & Popcorn! 1:30 Folly Beach Pier Outing!! 3:30 Enrichment Visits!	10:00 Silver Sneakers! 25 10:30 Mind Games Trivia!! 11:30 Daily Chronicles 1:30 Bingo 3:00 Monthly Birthday Party 3:00 Ashley's Flavor Hour!
2:00 Community Worship 26 	10:00 Silver Sneakers Exercise! 27 10:30 Kempton Volleyball Club! 11:00 Mind Boost Trivia! 11:30 Snack Cart (5 Skilled) 2:00 Shakespeare with Pucky	10:10 Exercise with Santino 28 11:00 Brain Busters Hour! 1:30 Rummikub 2:15 Resident Council Skilled! 3:00 Drama & Laughter Club !	10:00 Johnny's Fit& Fun Club! 29 10:30 Balloon Blast Bash! 11:00 Brain Busters Hour! 1:30 Faith & Fellowship with Tony!! (Bible Study) 3:00 Birthday Bash Happy	10:00 Johnny's Fit& Fun Club! 30 10:30 Chair Volleyball Hour! 11:00 Trivia Time Live! 1:30 Bingo Bash Hour! 3:00 Art Therapy (5 floor Skilled) Hour!	10:00 Chair Zumba Energy! 31 10:30 Balloon Noodle Bash! 11:00 Mind Boost Trivia! 1:30 Showtime & Popcorn! 1:30 Postal Museum Outing!! 3:30 Enrichment Visits!	