

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2023 Trident Regional Ombudsman 5895 Core Road Suite 419 North Charleston, SC 29406	*Activities are subject to change due to resident needs/preferences and/or COVID	Puzzles, Cards and Board Games are always available in the Theater Room	*Outings may be weather permitting. We will meet in the lobby at time indicated.	1 Daily Chronicle Delivery 10:00&10:45 Exercise TR 11:30 Karaoke (4) 2:15 Music Therapy (5) 2:30 Harbor Boat Tour	2 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Music (4) 2:00 Art Therapy (5) 3:00Spivey Hall Children's Choir (Dining Room)	3 10:45 Exercise TR 11:30 Manicures 4 1:30 Bridge (B) 3:30 Movie (TR)
4 2:00 Community Worship (TR) 	5 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Jewelry Making (4) 1:30 Snack Cart (5) 2:30 Library Visit (TR) 3:00 Jeopardy! (TR)	6 D-Day Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Volleyball (TR) 2:00 Art Therapy (4) 3:00 Mt Pleasant Farmers Market 3:30 Flower Arranging (OD)	7 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Mini Golf (TR) 2:00 Sand Art (4) 3:30 Art Therapy (5)	8 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Trivia (TR) 2:15 Music Therapy (4) 2:45 Gibbes Museum of Art	9 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Basketball (4) 2:00 Rummikub (B) 3:00 Live Music: David Orvin Happy Hour (T)	10 10:45 Exercise TR 11:30 Bowling (4) 1:30 Bridge (B) 3:00 Ice Tea on the Terrace (National Tea Day)
11 2:00 Community Worship (TR) 	12 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Snack Cart (5) 2:30 Crafts w Addie (TR) 3:30 Noodle Ball (4)	13 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Jeopardy! 2:00 Art Therapy (4) 2:00 Target Trip 3:30Flower Arranging (OD)	14 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Dice Game (TR) 1:30 1:1 Room Visits (4) 3:00 Art Therapy (5)	15 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Watermelon (4) 1:30 Music Therapy (3) 2:15 Music Therapy (5) 2:30 Brittlebank Park	16 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Music (4) 2:00 Card Games (B) 3:00 Happy Hour (T)	17 10:45 Exercise TR 11:30 Craft (4) 1:30 Bridge (B) 2:30 Cover The Number: Dice Game (TR)
18  2:00 Community Worship (TR)	19 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Kickball (4) 1:00 Snack Cart (5) 2:00 Resident Council (5)	20 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Bowling (TR) 2:00 Art Therapy (4) 2:30 Resident Council (TR) 3:30 FlowerArranging (OD)	Summer Solstice 21 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Music (4) 2:30 Art Therapy (5) 3:30 Live Music with Logan and Madeline (TR)	22 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Mini Golf (TR) 2:15 Music Therapy (4) 3:00 Tour of Charleston with Ice Cream	23 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Bowling (4) 2:00 Bingo (TR) 3:00 Monthly Birthday Party (T)	24 10:45 Exercise TR 11:30 Slushies (4) 1:30 Bridge (B) 3:00 Movie (TR)
25 2:00 Community Worship (TR) 	26 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Hand Massage (4) 2:00 Fridge Magnets (TR) 3:00 Virtual Tour of Canada (TR)	27 Daily Chronicle Delivery 10:00&10:45 Exercise TR 2:00 Art Therapy (4) 2:30 Top Golf 3:30 FlowerArranging (OD)	28 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 1:1 Room Visits (3) 2:00 Bowling (4) 3:00 Art Therapy (5)	29 Daily Chronicle Delivery 10:00 &10:45 Exercise TR 11:30 Music (4) 1:30 Music Therapy (3) 2:15 Music Therapy (5) 3:00 Bingo (TR)	30 Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Picture Books (4) 2:00 Jeopardy! (TR) 3:00 Happy Hour (T)	Location Key (T) Terrace 2nd floor (B) Bistro 2nd floor (TR) Theater Room (2nd floor) (OD) Overflow Dining (4) 4th Floor Dining (5) 5th Floor Dining

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