

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Location Key</b> (T) Terrace 2 <sup>nd</sup> floor (B) Bistro 2 <sup>nd</sup> floor (TR) Theater Room (2 <sup>nd</sup> floor) (OD) Overflow Dining (4) 4 <sup>th</sup> Floor Dining (5) 5 <sup>th</sup> Floor Dining	<b>1</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Noodle Ball (4) 2:00 Library visit (TR) 2:30 Scrabble (TR)	<b>2</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Kickball (4) <b>2:00 Publix Trip*</b> 3:00 Flower Arranging (OD)	<b>3</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Manicures (4) 2:00 Snack Cart (5) 3:00 Bridge Club (B)	<b>4</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Volleyball (TR) 2:00 Music Therapy (5) 3:30 1:1 Visits (4)	<b>5</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Talk on the Terrace (4) 2:30 <b>Cinco de Mayo</b> Happy Hour (T)	<b>6</b> 10:45 Exercise (TR) 11:30 Music (4) <b>2:00 Palmetto Twirlers (TR)</b> 3:30 Kentucky Derby (TR)
<b>7</b> 2:00 Community Worship (MR)	<b>8</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Jewelry Making (4) 1:30 Snack Cart (5) 2:30 Tie Die T-Shirts (TR)	<b>9</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Volleyball (TR) 2:00 Art Therapy (4) 2:45 Art Therapy (5) <b>2:30 Trip to P'ON Lake</b> 3:30 Flower Arranging (OD)	<b>10</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Dice Game (TR) 2:00 Mother's Day Tea Party (4) 4:00 Annex Dance Group (Dining Room)	<b>11</b> Daily Chronicle Delivery 10:45 Exercise (TR) <b>10:20 Mount Pleasant Waterfront Park</b> 2:00 Music Therapy (4) 2:00 Spa Day (Salon)	<b>12</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Basketball (4) 2:00 Rummikub (B) 3:00 Happy Hour (T)	<b>13</b> 10:45 Exercise (TR) 11:30 Ball Rolling Game (4) 1:30 Bridge Club (B) 2:30 Deviled Eggs (4)
<b>14</b>  2:00 Community Worship (MR)	<b>15</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Snack Cart (5) 2:30 Crafts w Addie (TR) 3:30 Noodle Ball (4)	<b>16</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Basketball (TR) 2:00 Cookie Decorating (4) 3:30 Flower Arranging (OD)	<b>17</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Dice Game (TR) 1:30 1:1 Room Visits (4) 3:00 Movie Matinee (MR)	<b>18</b> Daily Chronicle Delivery 10:45 Exercise (TR) <b>11:30 Long Island Café Restaurant*</b> 2:00 Music Therapy (5) 3:00 Popsicles on the Terrace (4)	<b>19</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Music (4) 2:00 Card Games (B) 3:00 Happy Hour (T)	<b>20</b> 10:45 Exercise (TR) 11:30 Paper Craft (4) 1:30 Bridge Club(B) 2:30 Cover The Number (TR) (Dice Game)
<b>21</b> 11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube) 2:00 Community Worship (MR)	<b>22</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Kickball (4) 1:00 Snack Cart (5) 3:00 Resident Council (TR)	<b>23</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Volleyball (TR) 2:00 Art Therapy (4) 2:45 Art Therapy (5) 3:00 FlowerArranging (OD)	<b>24</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Cloud Dough (4) 2:00 Resident Council (5) 3:30 Virtual Tour of New Zealand (TR)	<b>25</b> Daily Chronicle Delivery <b>9:30 Birds of Prey*</b> 10:45 Exercise (TR) 11:30 Dice Game (TR) 2:00 Music Therapy (4)	<b>26</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Jenga (4) 2:00 Bingo (TR) 3:00 Monthly Birthday Party (T)	<b>27</b> 10:45 Exercise (TR) 11:30 Slushies (4) 1:30 Bridge Club (B) 2:00 Movie Matinee (TR)
<b>27</b> 2:00 Community Worship (MR)	<b>Memorial Day 29</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Hand Massage (4) 2:00 Memorial Day Trivia (B) 3:00 Kona Ice (Shaved Ice Truck) Outside Front Door from Lobby	<b>30</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 Pet Therapy (4) 2:00 Pet Therapy (T) 3:30 FlowerArranging (OD) 3:30 Pet Therapy (5)	<b>31</b> Daily Chronicle Delivery 10:45 Exercise (TR) 11:30 1:1 Room Visits (3) 2:00 Cornhole and Snacks (4) 3:00 Walking Club (B)	Trident Regional Ombudsman 5895 Core Road Suite 419 North Charleston, SC 29406 *Activities are subject to change due to resident needs/preferences and/or COVID		Puzzles, Cards and Board Games are always available in the Multipurpose Room

# May 2023

\*Outings may be weather permitting. We will meet in the lobby at time noted.

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