

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Puzzles, Cards, and Board Games are always available in the Multipurpose Room</b>	<b>Location Key:</b> <b>(T) – Terrace (2<sup>nd</sup> floor)</b> <b>(B) – Bar/Bistro (2<sup>nd</sup> floor)</b> <b>(MR) – Multipurpose Room (2<sup>nd</sup> floor)</b> <b>(SW) – Skywalk</b> <b>(DR) – Dining Room</b> <b>(OD) – Overflow Dining (1<sup>st</sup> floor)</b>	<b>1</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Flower Arranging (OD) 3:30 Scrabble (MR)	<b>2</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30-2:00 Senior Day at Coastal Carolina Fair	<b>3</b> Daily Chronicle Delivery 10:45 Exercise (MR) 2:00 Music Therapy w/ Jessica (4 <sup>th</sup> Floor DR) 3:30 Bingo (MR)	<b>4</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 3:00 Happy Hour (T)	<b>5</b> 10:45 Exercise 1:30 Crafts with Beverly (MR)	
	<b>6</b> Daylight Savings End 11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube) 2:00 Community Worship (MR)	<b>7</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Wii Sports (MR) 2:00 Library book check out (MR) 3:30 Flower Arranging (OD)	<b>8</b> Daily Chronicle Delivery 10:45 Exercise (MR) Election Day 2:00 Uno (MR) 3:30 Noodle Ball (4 <sup>th</sup> floor)	<b>9</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Target Trip	<b>10</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Wii Sports (MR) 2:00 Music Therapy w/ Jessica (4 <sup>th</sup> Floor DR) 3:30 Mini Golf (MR) 5:30 Live Music at Dinner	<b>11</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Remembering Veterans (MR) <b>Veterans Day</b>	<b>12</b> 10:45 Exercise (MR) 1:30 Crafts with Beverly (MR)
	<b>13</b> 11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube) 2:00 Community Worship (MR)	<b>14</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Wii Sports (MR) 2:00 Thank you notes (MR) 3:00 Turkey Tape Resist Art (MR)	<b>15</b> Daily Chronicle Delivery 10:45 Exercise (MR) 2:00 Flower Arranging (OD) 4:00 Magic and Comedy Show with Dennis (MR)	<b>16</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Operation Christmas Child: Fill Shoe Boxes (MR)	<b>17</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Wii Sports (MR) 2:00 Music Therapy w/ Jessica (4 <sup>th</sup> Floor DR) 3:15 Flower Arranging (OD)	<b>18</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Bingo (MR) 3:00 Monthly Birthday Party (B)	<b>19</b> 10:45 Exercise (MR) 1:30 Crafts with Beverly (MR)
	<b>20</b> 11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube) 2:00 Community Worship (MR)	<b>21</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Wii Sports (MR) 2:00 Resident Council (MR) 3:30 Flower Arranging (OD)	<b>22</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Card Games (MR) 3:00 Friendsgiving Celebration (MR)	<b>23</b> Daily Chronicle Delivery 10:45 Exercise (MR) 2:00 Card Games (B) 3:30 Mini Golf (MR) 6:00 Movie Night (MR)	<b>24</b> Daily Chronicle Delivery 10:45 Exercise (MR) <b>Happy Thanksgiving!</b> Macy's Thanksgiving Day parade 9-12 NBC	<b>24</b> Daily Chronicle Delivery 10:15 Coffee & Chat (B) 10:45 Exercise (MR) 2:00 Rummikub	<b>26</b> 10:45 Exercise (MR) 1:30 Crafts with Beverly (MR)
	<b>27</b> 11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube) 2:00 Missions Outreach Project (MR)	<b>28</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Mini Golf (MR) 2:00 Noodle Ball (4 <sup>th</sup> Floor Dining) 3:00 Uno (MR)	<b>29</b> Daily Chronicle Delivery 10:45 Exercise (MR) 11:30 Wii Sports (MR) 3:00 Happy Hour with Live Music from Logan and Madelaine (MR)	<b>30</b> Daily Chronicle Delivery 10:45 Exercise (MR) 2:00 Fall Leaf Art (MR) 3:30 Flower Arranging (OD)	<h1>November 2022</h1>		

Trident Regional Ombudsman  
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\*activities may be subject to change due to resident needs/preferences and/or COVID restrictions