

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Trident Regional Ombudsman
5895 Core Road
Suite 419
North Charleston, SC 29406

*Activities are
subject to change
due to resident
needs/preferences
and/or COVID

Location Key
(T) Terrace 2nd floor
(B) Bistro 2nd floor
(TR) Theater Room 2nd floor
(OD) Overflow Dining
(4) 4th Floor Dining
(5) 5th Floor Dining
(PD) Private Dining

1

9:30 Daily Chronicles
10:00 Exercise (TR)
11:30 Thankful Tree (4)
12:00 BBQ Lunch (TR)
3:00 Art Therapy (5)

2

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
1:30 Sing Along (3)
2:15 Music Therapy (5)
3:00 Chrleston Hope Girls (TR)

3

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Mini Golf (4)
2:00 Ice Cream Truck (outside parking garage)
3:00 Social (T)

4

9:30 Daily Chronicles
10&10:45 Exercise TR
11:30 Manicures 4
1:30 Games with College of Charleston Girls (TR)

Daylight Savings 5

2:00 Community Worship (TR)



6

10:00 & 10:45 Exercise (TR)
11:30 Puzzles (B)
1:30 Snack Cart (5)
2:00 Library brings books (TR)
3:00 Snack Cart (4)

Election Day 7

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Pitching Quarters (TR)
2:00 Art Therapy (4)
2:30 Trip to Dollar Store
3:00 Flower Arranging OD

8

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:00 Bible Study With Lisa (TR)
2:00 Operation Christmas Child Shoeboxes (TR)
3:00 Art Therapy (5)

9 Veteran's Day 10

9:30 Daily Chronicles
10:00 & 10:45 Exercise TR
11:30 Basketball (4)
2:00 Veteran's Day Event (TR)
3:00 Happy Hour (T)

11

9:30 Daily Chronicles
10:00 & 10:45 Exercise TR
11:30 Bowling 4
1:30 Bingo TR
3:30 1:1 Visits

12

2:00 Community Worship (TR)

13

10:00 & 10:45 Exercise (TR)
11:30 Jeopardy! (TR)
2:00 Crafts w Addie (TR)
3:15 Snack Cart (5)
3:00 Devotion: Rev Ed Stiltz (TR)

14

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Wii Sports (TR)
2:00 Art Therapy (4)
2:15 Publix Trip
3:30 Flower Arranging OD

15

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
2:00 Clay Pot Turkey Craft (TR)
3:00 Art Therapy (5)

16

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
1:30 Sing Along (3)
2:15 Music Therapy (5)
3:00 S'mores Treat (4)

17

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Trivia (TR)
2:00 Bingo (TR)
3:00 Monthly Birthday Party (TR)

18

9:30 Daily Chronicles
10:00 & 10:45 Exercise TR
11:30 Noodle Ball 4
1:30 Movie TR
4:00 1:1 Visits

19

Heather food and crafts (4)
2:00 Community Worship (TR)

20

10:00 & 10:45 Exercise (TR)
11:30 Snack Cart (4)
2:00 Snack Cart (5)
3:00 Virtual Tour of Alaska (TR)

21

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Men's Lunch: Fleet Landing
2:00 Art Therapy (4)
2:30 Resident Council: Assisted Living only (TR)
3:30 Flower Arranging OD

22

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Music (4)
2:00 Friendsgiving (TR)
3:30 Art Therapy (5)

23

Macy's Thanksgiving Day Parade 9am-12pm NBC (B)
10:00 & 10:45 Exercise (TR)



24

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Noodle Ball (4)
2:00 Rummikub (B)
3:00 Happy Hour (T)

25

9:30 Daily Chronicles
10:00 & 10:45 Exercise TR
11:30 Drinks 4
1:30 Movie TR
4:00 1:1 Visits

26

2:00 Community Worship (TR)

27

10:00 & 10:45 Exercise (TR)
11:30 Hand Massage (4)
1:15 Snack Cart (5)
2:00 Resident Council: Rehab Residents only (5)
3:00 Devotion: Rev. Ed Stiltz (TR)

28

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Take a walk (4)
2:00 Art Therapy (4)
3:00 Flower Arranging OD

29

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
11:30 Kickball (4)
2:00 Live Music with Stephanie Potter (TR)
3:00 Art Therapy (5)

30

9:30 Daily Chronicles
10:00 & 10:45 Exercise (TR)
1:30 Sing Along (3)
1:45 Hot Chocolate (4)
2:15 Music Therapy (5)
2:30 Middleton Place

***Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. *Please see Ashley or Leah with questions.**

Puzzles, Cards and Board Games are always available in the theater room on 2nd floor and 5th floor Sitting Area by Dining.

Life Enrichment Director-Leah Hall lehall@libertyseniorliving.com

Kempton of Charleston
194 Spring Street
Charleston SC, 29403