Assisted Living & Skilled Nursing

All activities are subject to change due to weather or residents needs. Any questions or concerns feel free to reach out to Johnny at jbirchfield@libertyseniorliving.com

November

Kempton of Charleston



KEMPTON OF CHARLESTON

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Community Worship 	2 10:00 Rise & Revive with Johnny! 11:00 Natures Explorer Club with Chance! 2:00 Conversations with Pucky! 3:30 Enrichment Visits!	3 10:00 Power Up with Santino 11:00 Pretty Nails with Ashley! 1:30 Rummikub 2:30 Coffee & Conversation! 3:00 The Joy of Improv with Maari!	4 10:00 Rise & Revive with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Bistro Buzz ! 3:00 Happy Hour & DJ Duck!	5 10:00 Rise & Revive with Johnny! 11:00 Chair Volleyball Hour! 1:30 Bingo Hour! 3:00 Creative Art Expressions with Dianne!	6 10:00 Power Up with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Showtime & Popcorn! 1:30 Coastal Carolina Fair 2026 3:30 Enrichment Visits!	7 10:00 Silver Sneakers! 11:00 Color & Classics! 11:30 Daily Chronicles 1:30 Bingo
8 2:00 Community Worship 	9 10:00 Rise & Revive with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 2:00 Rock The Mic Monday! 3:30 Enrichment Visits!	10 10:00 Power Up with Santino 11:00 Tuesday Trivia! 1:30 Rummikub 3:00 Greeting Card Creations!	11 10:00 Chair Yoga with Kim! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Bistro Buzz ! 2:00 Resident Hospitality Committee 3:00 Veterans Tribute & Sylvie!	12 10:00 Rise & Revive with Johnny! 11:00 Chair Volleyball Hour! 1:45 Christmas Sing -A- long with Jessica! 3:00 Art Therapy	13 10:00 Power Up with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Showtime & Popcorn! 1:30 Lunch at Olive Garden!! 3:30 Enrichment Visits!	14 10:00 Chair Zumba! 11:00 Saturday Karaoke Cafe! 11:30 Daily Chronicles 1:30 Bingo
15 2:00 Community Worship 	16 10:00 Rise & Revive with Johnny! 11:00 Nature Explorer Club with Chance! 2:00 Conversations with Pucky! 3:30 Enrichment Visits!	17 10:00 Power Up with Santino 11:00 Tuesday Travelogue: Historic Charleston! 1:30 Rummikub 3:00 The Joy of Improv with Maari!	18 10:00 Chair Yoga with Kim! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Bistro Buzz ! 3:00 Happy Hour & Rob Lamp!	19 10:00 Rise & Revive with Johnny! 11:00 Chair Volleyball Hour! 1:30 Bingo Bash 3:00 Art Therapy	20 10:00 Power Up with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Showtime & Popcorn! 1:30 Trip to the Citadel Mall! 3:30 Enrichment Visits!	21 10:00 Silver Sneakers! 11:00 Color & Classics! 11:30 Daily Chronicles 1:30 Bingo 3:00 Paint and Sip with Pruitt
22 2:00 Community Worship 	23 10:00 Rise & Revive with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 2:00 Resident Council: AL 3:30 Enrichment Visits!	24 10:00 Power Up with Santino 11:00 Tuesday Trivia! 1:30 Rummikub 3:00 The Golden Girls Social !	25 10:00 Rise & Revive with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Bistro Buzz ! 3:00 Harvest Birthday Bash!	26 10:00 Macy Day Parade Broadcast! 10:30 Rise & Revive with Johnny! 11:00 Chair Volleyball Hour! 2:30 Bingo Hour! 3:00 Art Therapy	27 10:00 Power Up with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 1:30 Showtime & Popcorn! 3:30 Enrichment Visits!	28 10:00 Chair Zumba! 11:00 Saturday Karaoke Cafe! 11:30 Daily Chronicles 1:30 Bingo
29 2:00 Community Worship 	30 10:00 Rise & Revive with Johnny! 11:00 The Kempton Striders: Fun Indoor Walking Experience! 2:00 Rock The Mic Monday! 3:30 Enrichment Visits!		Unable to contact Johnny, please direct your questions to his assistant Ashley at AsSimmons@libertyseniorliving.com			

Locations Legend

Ashton Street Theater (Floor 2)
Center Corridor (Floor 5)
Bistro (Floor 2)
SNF Dining (Floor 5)
Center Corridor (Floor 3)
Outing