

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>September 2022</h1> <p><b>TRIDENT REGIONAL OMBUDSMAN</b>            5895 Core Road            Suite 419            North Charleston, SC 29406            843-554-2280</p>			<p><b>Location Key:</b>  <b>(T) – Terrace (2<sup>nd</sup> floor)</b>  <b>(B) – Bar/Bistro (2<sup>nd</sup> floor)</b>  <b>(MR) – Multipurpose Room (2<sup>nd</sup> floor)</b>  <b>(SW) – Skywalk</b>  <b>(DR) – Dining Room</b>  <b>(OD) – Overflow Dining (1<sup>st</sup> floor)</b></p>	<p><b>1</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:15 Flower Arranging (OD)            2:00 Music Therapy w/ Jessica (4<sup>th</sup> Floor DR)            3:00 Card Games (B)</p>	<p><b>2</b></p> <p>National College Colors Day!            Wear your college's colors!</p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:30 Wii Sports (MR)            3:00 Tailgate &amp; Corn Hole to Kick Off Football Season (T)</p>	<p><b>3</b></p> <p>10:45 Exercise (MR)            1:30 Crafts with Beverly (MR)</p>
<p><b>4</b></p> <p>11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube)</p>	<p><b>5</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (MR)            3:00 Card Games (B)</p> 	<p><b>6</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (2<sup>nd</sup> floor SW)            2:30 Mini Golf (MR)            3:30 Board Games (MR)</p>	<p><b>7</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            2:00 Community Worship (MR)            3:00 Flower Arranging (OD)            6:30 Movie Night (MR)</p>	<p><b>8</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            2:00 Music Therapy w/ Jessica (4<sup>th</sup> Floor DR)            3:30 Bingo (MR)            5:30 Live Music at Dinner</p>	<p><b>9</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (MR)            11:30 Wii Sports (MR)            3:00 Happy Hour (T)</p>	<p><b>10</b></p> <p>10:45 Exercise (MR)</p>
<p><b>11</b></p> <p>11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube)</p> 	<p><b>12</b></p> <p>Daily Chronicle Delivery            10:45 Exercise w/ decades music (MR)            11:30 Wii Sports (MR)            2:00 Bingo (MR)            3:00 Decade Jeopardy! (TR)</p>	<p><b>13</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:30 (MR)            2:30 Painting w/ Adelaide from Regency SouthernCare (MR)            3:30 Flower Arranging (OD)</p>	<p><b>14</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (MR)            2:30 Ice Cream Social w/ Elizabeth from Home Instead (T)            3:30 Mini Golf (MR)</p>	<p><b>15</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:30 Puzzle Club (MR)            2:00 Music Therapy w/ Jessica (4<sup>th</sup> Floor DR)            3:30 Luau Happy Hour w/ Sharon from Kindred (T)</p>	<p><b>16</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (MR)            2:00 Target Shopping Trip (meet in lobby – sign up with Anna)</p>	<p><b>17</b></p> <p>10:45 Exercise (MR)            1:30 Crafts with Beverly (MR)</p>
<p><b>18</b></p> <p>11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube)            2:00 Community Worship (MR)</p>	<p><b>19</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:00 Pet Visits from Lee Lee            2:00 Bone Screenings – MUSC Bone Health (MR)            3:30 Flower Arranging (OD)</p>	<p><b>20</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            2:00 National Voter's Registration Day – prepare for the November election (MR)            4:00 Card Games (B)</p>	<p><b>21</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:30 Wii Sports (MR)            3:00 Happy Hour with Live Music from Logan and Madelaine (MR)</p>	<p><b>22</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            2:00 Music Therapy w/ Jessica (4<sup>th</sup> Floor DR)            3:30 Monthly Birthday Party (B)</p>	<p><b>23</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (MR)            2:00 Bingo! (MR)            3:30 Happy Hour (T)</p>	<p><b>24</b></p> <p>10:45 Exercise (MR)            1:30 Crafts with Beverly (MR)</p>
<p><b>25</b></p> <p>11:00 First Baptist Church of Columbia (Ch. 6 or on YouTube)            2:00 Community Worship (MR)</p>	<p><b>26</b></p> <p>Daily Chronicle Delivery            10:15 Coffee &amp; Chat (B)            10:45 Exercise (MR)            2:00 Card Games (MR)            3:00 Popsicles on the Terrace</p>	<p><b>27</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            1:30 Trip to Charleston Tea Garden (meet in lobby – sign up with Anna by 9/22)            6:30 Movie Night (MR)</p>	<p><b>28</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:30 Wii Sports (MR)            2:00 Resident Council (MR)            3:30 Flower Arranging (OD)</p>	<p><b>29</b></p> <p>Daily Chronicle Delivery            10:15 National Coffee Day (B)            10:45 Exercise (MR)            2:00 Music Therapy w/ Jessica (4<sup>th</sup> Floor DR)            3:00 Bingo (MR)</p>	<p><b>30</b></p> <p>Daily Chronicle Delivery            10:45 Exercise (MR)            11:30 Wii Sports (MR)            2:00 Corn Hole (T)            3:00 Happy Hour (T)</p>	<p><b>Puzzles, Cards, and Board Games are always available in the Multipurpose Room</b></p>