

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2023</h1> <p>Trident Regional Ombudsman 5895 Core Road Suite 419 North Charleston, SC 29406</p>	<p>*Activities are subject to change due to resident needs/preferences and/or COVID</p>	<p>*Outings may be weather permitting. We will meet in the lobby at time indicated.</p>	<p><u>Location Key</u> (T) Terrace 2nd floor (B) Bistro 2nd floor (TR) Theater Room (2nd floor) (OD) Overflow Dining (4) 4th Floor Dining (5) 5th Floor Dining</p>	<p>Puzzles, Cards and Board Games are always available in the theater room and 5th floor dining room. *Please see Ashley or Leah with questions.</p>	<p>1</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise 11:30 Mini Golf (4) 2:30 Steel Drums and Luau Happy Hour (T)</p>	<p>2</p> <p>9:30 Daily Chronicles 10:45 Exercise TR 11:30 Manicures 4 1:30 Movie TR</p>
<p>3</p> <p>2:00 Community Worship (TR)</p> 	<p>4</p> <p>10:00 & 10:45 Exercise TR 1:30 Movie Matinee TR</p>  <p>LABOR DAY</p>	<p>5</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Whiteboard Games (TR) 2:00 Art Therapy (4) 2:15 Publix Trip 3:00 Flower Arranging OD</p>	<p>6</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:00 Bible Study (TR) 2:00 Scrabble/Bridge (B) 3:00 Art Therapy (5)</p>	<p>7</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Lunch at Sunsets 1:30 Music Therapy (3) 2:15 Music Therapy (5)</p>	<p>8</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Basketball (4) 2:00 Rummikub (B) 3:00 Happy Hour (T)</p>	<p>9</p> <p>9:30 Daily Chronicles 10:45 Exercise TR 11:30 Bowling 4 1:30 Card Games 3:00 Bingo (TR)</p>
<p>10</p>  <p>2:00 Community Worship (TR)</p>	<p>Assisted Living Week 11</p> <p>10:00 & 10:45 Exercise TR College Spirit Day (Wear your favorite college colors) 2:00 Football highlights and cornhole (TR)</p>	<p>Assisted Living Week 12</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR Spa Day 10:00 Trip to Pedicures 2:30 Manicures: Salon 3:30 Flower Arranging OD</p>	<p>Assisted Living Week 13</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR Culture Day 2:00 Sweetgrass Basket Presenter (TR) 3:00 Art Therapy (5)</p>	<p>Assisted Living Week 14</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR Animal Lovers Day 11:30 Funny animal videos (TR) 2:00 Pounce Cat Café Trip 2:15 Music Therapy (4)</p>	<p>Assisted Living Week 15</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR Carnival Day 2:00 Carnival Games (TR) 3:00 Happy Hour (T)</p>	<p>16</p> <p>9:30 Daily Chronicles 10:45 Exercise TR Wild West Day (Wear western attire) 1:30 Movie: Open Range TR</p>
<p>17</p> <p>2:00 Community Worship (TR)</p> 	<p>18</p> <p>10:00 & 10:45 Exercise TR 11:30 Snack Cart (4) 1:00 Snack Cart (5) 2:00 Crafts w Addie (TR) 3:00 Virtual Tour of Japan (TR)</p>	<p>19</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 2:00 Art Therapy (4) 2:30 Resident Council (TR) 3:30 Flower Arranging OD</p>	<p>20</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Music (4) 2:00 Drop in Baby Shower for Demetria (TR) 3:30 Art Therapy (5)</p>	<p>21</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 1:30 Music Therapy (3) 1:30 Trip to the Charleston Tea Garden 2:15 Music Therapy (5)</p>	<p>22</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Wii Sports (TR) 2:00 Bingo (TR) 3:00 Monthly Birthday Party with Banana Splits (TR)</p>	<p>23</p> <p>9:30 Daily Chronicles 10:45 Exercise TR 11:30 Slushies (4) 1:30 Card Games B 2:30 Bingo TR</p>
<p>24</p> <p>2:00 Community Worship (TR)</p> 	<p>25</p> <p>10:00 & 10:45 Exercise TR 11:30 Hand Massage (4) 2:00 Resident Council: SNF (5) 3:00 Devotion with Rev Ed Stiltz (TR)</p>	<p>26</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 10:20 Trip to the Library 2:00 Art Therapy (4) 3:00 Flower Arranging (OD)</p>	<p>27</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 1:1 Room Visits (3) 2:00 Bowling (4) 2:00 Bridge/Cards (B) 3:00 Art Therapy (5)</p>	<p>28</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Wii Bowling (TR) 2:00 Trip: Sistine Chapel 2:15 Music Therapy (4) 3:00 Good News (TR)</p>	<p>29</p> <p>9:30 Daily Chronicles 10:00 & 10:45 Exercise TR 11:30 Noodle Ball (4) 2:00 Bingo (TR) 3:00 Happy Hour (T)</p>	<p>29</p> <p>9:30 Daily Chronicles 10:45 Exercise 11:30 Basketball 4 1:30 Movie TR</p>

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