

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:00 Seacoast Church Live online (TR)</p> <p><b>2:00 NO Community Worship (TR)</b></p>	<p><b>2</b></p> <p><b>Labor Day</b></p> <p>10:10 &amp; 10:45 Exercise (TR) 11:30 Snack Cart (5) 2:00 Ice Cream Social and discussion about careers (T) 3:30 1:1 Visit</p>	<p><b>3</b></p> <p>9:30 Daily Chronicles (2,5) 10:10 &amp; 10:45 Exercise (TR) 11:30 Mini Golf (TR) 1:00 Library to bring books (TR) 3:30 Flower Arranging TR</p>	<p><b>4</b></p> <p>9:30 Daily Chronicles (3,5) 10:10 &amp; 10:45 Exercise (TR) 11:30 Ladder Ball (TR) 2:00 Rummikub (B) <b>3:00 Happy Hour (TR)</b></p>	<p><b>5</b></p> <p>9:30 Daily Chronicles (2,5) 10:10&amp;10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along w Jessica (3) 2:30 Art Therapy (5)</p>	<p><b>6</b></p> <p>9:30 Daily Chronicles (3,5) 10:10 &amp; 10:45 Exercise TR <b>11:30 Trip to have Lunch at Sunsets</b> 1:30 Movie (TR) 2:30 1:1 Visits 3:30 Card Games (B)</p>	<p><b>7</b></p> <p>10:10 &amp; 10:45 Exercise (TR) 11:30 Cards-5 1:30 BingoTR 3:00 MC Trip 4:00 1:1 Visits</p>
<p><b>8</b></p> <p>2:00 Community Worship (TR)</p> 	<p><b>9</b></p> <p>Assisted Living Week</p> <p>10:10 &amp; 10:45 Exercise (TR)</p> <p><b>Health &amp; Wellness Day</b></p> <p><b>1:30 Chair Yoga and Smoothies (TR)</b> <b>3:00 Mindful Meditation (TR)</b></p>	<p><b>10</b></p> <p>Assisted Living Week</p> <p>10:10 &amp; 10:45 Exercise (TR)</p> <p><b>Spa Day</b></p> <p><b>2:00 Manicures, Chair Massage, Strawberries and Champagne (TR)</b> 3:30 Flower Arranging TR</p>	<p><b>11</b></p> <p>Assisted Living Week</p> <p>10:10 &amp; 10:45 Exercise (TR)</p> <p><b>Culture Day</b></p> <p><b>12:00 Reed's Catering Lowcountry Boil (TR) (Assisted Living Only)</b> <b>3:00 Sweetgrass Baskets by Kathy (TR)</b></p>	<p><b>12</b></p> <p>Assisted Living Week</p> <p>10:10&amp;10:45 Exercise (TR)</p> <p><b>Carnival Day</b></p> <p><b>2:00 Carnival Games and popcorn (TR)</b> 3:30 Art Therapy (5)</p>	<p><b>13</b></p> <p>Assisted Living Week</p> <p>10:10 &amp; 10:45 Exercise TR</p> <p><b>Arts and Crafts Day</b></p> <p><b>2:00 Craft-DIY to come to us to do a craft (TR)</b> 4:15 1:1 Visits</p>	<p><b>14</b></p> <p>10:10 &amp; 10:45 Exercise TR 11:30Maniures 4 College Spirit Day (Wear your Team colors) 2:00 Football Highlights and Cornhole (TR)</p>
<p><b>15</b></p> <p>2:00 Community Worship (TR)</p> 	<p><b>16</b></p> <p>10:10 &amp; 10:45 Exercise (TR) 11:30 Snack Cart (5) 2:00 Resident Council: Rehab only (5) 2:30 1:1 Visits</p>	<p><b>17</b></p> <p>9:30 Daily Chronicles (2,5) 10:10 &amp; 10:45 Exercise (TR) 11:30 Jenga (B) 1:30 Granny Pot: Craft (TR) 3:30 Flower Arranging TR</p>	<p><b>18</b></p> <p>9:30 Daily Chronicles (3,5) 10:10 &amp; 10:45 Exercise (TR) 11:30 Bowling (TR) 2:00 Card Games (B) <b>3:00 Monthly Birthday Party with Banana Splits (TR)</b></p>	<p><b>19</b></p> <p>9:30 Daily Chronicles 10:10 &amp; 10:45 Exercise (TR) 11:30 Puzzles (B) 1:45 Sing Along with Jessica (TR) 2:45 Art Therapy (5)</p>	<p><b>20</b></p> <p>9:30 Daily Chronicles (3,5) 10:10 &amp; 10:45 Exercise TR <b>1:30 Trip to Colonial Lake</b> 1:30 Movie (TR) 3:00 1:1 Visits</p>	<p><b>21</b></p> <p>10:10 &amp; 10:45 Exercise TR 11:30 Slushies 4 1:30 CardGames B <b>3:30 Live Music by Chuck Gee (TR)</b></p>
<p><b>22</b></p> <p>2:00 Community Worship (TR)</p> 	<p><b>23</b></p> <p>10:10 &amp; 10:45 Exercise (TR) 11:30 Snack Cart (5) 1:30 Earring Making (TR) 3:30 Bingo (TR)</p>	<p><b>24</b></p> <p>9:30 Daily Chronicles (2,5) 10:10 &amp; 10:45 Exercise (TR) 11:30 Ladder Ball (TR) 2:30 Resident Council: Assisted Living only (TR) 3:30 Flower Arranging TR</p>	<p><b>25</b></p> <p>9:30 Daily Chronicles (3,5) 10:10 &amp; 10:45 Exercise (TR) 11:30 Dice Game (TR) <b>2:00 Bible Study w Lisa (TR)</b> <b>3:00 Oktoberfest Happy Hour (T)</b></p>	<p><b>26</b></p> <p>9:30 Daily Chronicles (2,5) 10:10 &amp; 10:45 Exercise (TR) 11:00 Jewish Connection (PD) 11:30 Puzzles (B) 1:45 Sing Along (3) 2:45 Art Therapy (5)</p>	<p><b>27</b></p> <p>9:30 Daily Chronicles (3,5) 10:10 &amp; 10:45 Exercise TR <b>1:30 Trip to the Charleston Tea Garden</b> 1:30 Movie (TR)</p>	<p><b>28</b></p> <p>10:10 &amp; 10:45 Exercise TR 11:30 Popcorn 4 1:30 BingoTR <b>3:00 Trip to Publix</b></p>
<p><b>29</b></p> <p>2:00 Community Worship (TR)</p> 	<p><b>30</b></p> <p>10:10 &amp; 10:45 Exercise (TR) 11:30 Snack Cart (5) 1:30 1:1 Visits 3:00 Virtual Tour of Germany (TR)</p>	<p>Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions.</p>	<p><b>Location Key</b></p> <p><b>(T) Terrace 2<sup>nd</sup> floor</b> <b>(B) Bistro 2<sup>nd</sup> floor</b> <b>(TR) Theater Room 2<sup>nd</sup> floor</b> <b>(OD) Overflow Dining</b> <b>(4) 4<sup>th</sup> Floor Dining (memory)</b> <b>(5) 5<sup>th</sup> Floor Dining (rehab)</b> <b>(PD) Private Dining</b></p>	<p><b>September 2024</b></p> <p><b>Trident Regional Ombudsman</b> 5895 Core Road Suite 419 North Charleston, SC 29406</p> <p>*Activities are subject to change due to resident needs/preferences.</p>		

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