

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key (T) Terrace 2nd floor (B) Bistro 2nd floor (TR) Theater Room 2nd floor (OD) Overflow Dining (4) 4th Floor Dining (5) 5th Floor Dining (PD) Private Dining	Labor Day 1 10:10 & 10:45 Exercise TR 1:30 Movie Matinee (TR)	2 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Uno (B) 2:00 Card Games (TR) 3:00 Rummikub (B)	3 9:30 Daily Chronicles (3,5) 10:30 Exercise Class w Shannon (TR) 11:30 Mini Golf (TR) 2:00 LRC Dice Game (B) 3:00 Happy Hour (TR)	4 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise TR 11:30 Puzzles (B) 1:45 Sing Along with Jessica (TR) 2:45 Art Therapy (5)	5 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR 11:30 Lunch at the Dragon Palace 1:30 Movie (TR) 3:00 1:1 Visits	6 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:30 Bowling (4) 1:30 Bingo (TR) 3:00 1:1 Visits
7 2:00 Community Worship (TR) 	Assisted Living Week 8 Animal Lovers Day 10:10 & 10:45 Exercise TR 11:30 Pet Puzzles (TR) 2:30 Funny animal videos (TR) 3:00 Pet Therapy with Poodle Coco (TR)	Assisted Living Week 9 Hawaiian Day 10:10 & 10:45 Exercise (TR) 11:30 Virtual travel to Hawaii 1:00 Hawaiian dip w Don (TR) 2:00 Luau with Nick on the Steel Drums (T) 3:00 Beachball Volleyball	Assisted Living Week 10 Wellness Day 10:10 & 10:45 Exercise (TR) 11:30 Meditation (TR) 2:00 Paraffin hand wax, manicures, hand massage, Champagne and more! (TR) 3:00 Smoothies (TR)	Assisted Living Week 11 Culture Day 10:10 & 10:45 Exercise (TR) 11:30 Chrleston Histy TR 2:00 Lynette and Tadia Basket Weavers and Gullah History (TR) 3:00 Cultural Food (TR)	Assisted Living Week 12 Arts and Crafts Day 10:10 & 10:45 Exercise TR 11:30 Art History (TR) 2:00 Sip and Paint (TR) 3:00 Jewelry Making (TR)	13 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Cooking 4 1:30 Bingo (TR) 3:00 1:1 Visits
14 2:00 Community Worship (TR) 	15 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 1:30 Stars of the Month: Acting Families (TR) 2:45 1:1 Visits	16 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Ax Throwing (TR) 1:30 Manicures (TR) 3:00 Rummikub (B)	17 10:30 Exercise Class w Shannon (TR) 11:30 Bowling (TR) 2:00 LRC Dice Game (B) 3:00 Happy Hour w Marguerite (TR)	18 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise TR 11:30 Puzzles (B) 1:45 Sing Along w Jessica (TR) 2:45 Art Therapy (5)	19 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR 11:30 Trip to Hampton Park 1:30 Movie (TR) 3:30 1:1 Visits	20 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Slushies 4 1:30 Bingo (TR) 3:00 MC Outing
21 2:00 Community Worship (TR) 	First day of Fall 22 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 2:00 Resident Council: AL (TR) 3:15 1:1 Visits	23 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 2:00 Resident Council: Rehab (5) 2:00 Drinks and Music (T) 3:00 Rummikub (B)	24 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise (TR) 11:30 Trivia (TR) 1:30 Virtual Travel (TR) 3:00 Monthly Birthday Party with Ice Cream Sundaes (TR)	25 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise TR 11:30 Puzzles (B) 1:45 Bingo (TR) 2:45 Art Therapy (5)	26 9:30 Daily Chronicles (3,5) 10:10 & 10:45 Exercise TR 1:30 Trip to the Charstn Tea Garden 1:30 Movie (TR) 3:30 1:1 Visits	27 Daily Chronicles (4,5) 10:10 & 10:45 Exercise 11:00 Noodle Ball 4 1:30 Bingo (TR) 3:00 Popcorn & a Movie (4)
28 2:00 Community Worship (TR) 	29 10:10 & 10:45 Exercise TR 11:30 Snack Cart (5) 1:45 Headbands Game (B) 3:30 1:1 Visits	30 9:30 Daily Chronicles (2,5) 10:10 & 10:45 Exercise (TR) 11:30 Uno (B) 2:00 Noodle Volleyball (T) 3:00 Rummikub (B)	Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions.			September 2025 Trident Regional Ombudsman 5895 Core Road Suite 419 North Charleston, SC 29406 *Activities are subject to change due to resident needs/preferences.

Life Enrichment Director-Leah Hall lehall@libertyseniorliving.com

Kempton of Charleston
194 Spring Street
Charleston SC, 29403